How Does Being Adopted Make Us Feel The Adoption Club Therapeutic Workbook On Feelings And Behavior

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Federal Support for Urban Mass Transit--New York and Chicago - United States. Congress. House. Committee on Government Operations. Government Activities and Transportation Subcommittee 1985

The Primal Wound - Nancy Newton Verrier 2009-09

Originally published in 1993, this classic piece of literature on adoption has revolutionised the way people think about adopted children. Nancy Verrier examines the life-long consequences of the 'primal wound' - the wound that is caused when a child is separated from its mother - for adopted people. Her argument is supported by thorough research in preand perinatal psychology, attachment, bonding and the effects of loss. Twenty Things Adopted Kids Wish Their Adoptive Parents Knew - Sherrie Eldridge 1999-10-12

"Birthdays may be difficult for me." "I want you to take the initiative in opening conversations about my birth family." "When I act out my fears in obnoxious ways, please hang in there with me." "I am afraid you will abandon me." The voices of adopted children are poignant, questioning. And they tell a familiar story of loss, fear, and hope. This extraordinary

book, written by a woman who was adopted herself, gives voice to children's unspoken concerns, and shows adoptive parents how to free their kids from feelings of fear, abandonment, and shame. With warmth and candor, Sherrie Eldridge reveals the twenty complex emotional issues you must understand to nurture the child you love--that he must grieve his loss now if he is to receive love fully in the future--that she needs honest information about her birth family no matter how painful the details may be--and that although he may choose to search for his birth family, he will always rely on you to be his parents. Filled with powerful insights from children, parents, and experts in the field, plus practical strategies and case histories that will ring true for every adoptive family, Twenty Things Adopted Kids Wish Their Adoptive Parents Knew is an invaluable guide to the complex emotions that take up residence within the heart of the adopted child--and within the adoptive home.

ADOPTED TEENS ONLY - Danea Gorbett 2007-11-22 All adopted teens have questions-questions about their adoptive family, about their birth parents, and about how adoption has affected and will continue to affect their lives. But not every adopted teen knows how to approach these guestions or how to handle the intense emotions and high stress often associated with them. This guide has answers. Based on true stories, extensive research, and Danea Gorbett's own in addition to her background in psychology and education, Adopted Teens Only delivers: Suggestions for bringing up sensitive topics with all types of adoptive parents Insight on what your adoptive parents might be going through True stories of birth mothers Practical information on whether and how to search for birth parents Seasoned advice on what to expect and how to prepare for reuniting with a birth parent. Gorbett offers confirmation that what you feel, think, wonder, and worry about as an adopted teen is normal and important, and she helps you acknowledge and celebrate the unique gifts and many advantages of growing up adopted. Comforting, empowering, and ultimately practical, Adopted Teens Only is the indispensable survival guide for adopted adolescents and anyone who loves them.

How to Adopt a Child - Louise Allen 2021-04-22

From understanding what adoption is, through to step by step guidance on the entire process and the challenges that come up along the way, this is the only book you will need to read on adoption. Written by an author who was adopted herself, who has looked after over twenty children and who works with a fostering and adoption agency that deals specifically with breakdowns, this book will teach you how to confidently navigate the system and build a strong and lasting relationship with your child. Whilst very much being the unvarnished truth, this is an empowering guide that will ensure you feel in control and know where to turn to for help no matter what: With a positive attitude and the right tools, adopting a child can be very rewarding - don't try to overthink it, don't try to love, just do right by them and as you learn about each other the love, kindness and acceptance will grow.

Memoirs of an Adopted Child - Thomas F. Liotti 2020-11-10

Who was this Thomas Liotti whose name appeared on Mary Sirchia's Ancestry relatives list? Listed as a second cousin, he had an unfamiliar surname and his identity remained as mysterious as his connection to the

family. Who was his mother? Who was his father? Why such a family secret? Was it a scandalous affair? When Mary requested he share his family tree, Thomas suggested she read his book The Secret Adoption. While reading the book the mystery began to unfold. Mary recalled a story of her cousin who gave birth to a baby boy on May 29, 1947 and gave him up for adoption six days later. She believed the mysterious second cousin now had an identity – Thomas F. Liotti. The power of Mary's love brought the family together and initiated his welcoming into his new family.

Labor of the Heart - Ph. D. Whitten 2008-02-28

Adoptive parents often experience the double trial of emotional responses to infertility and to the process of adoption itself, called "excruciating labor with no end in sight," by one adoptive mother. Wouldbe adoptive parents cycle through grief, anger, fear, anxiety, frustration, and guilt-and back again. All of these emotions cloud decision-making, at exactly the time that adoptive parents are making life-altering, irrevocable decisions: whether to adopt at all, to adopt an older child or an infant, or to parent a child with developmental delays, as well as other pressing questions. New empirical research by Kathleen Whitten, Ph.D., a developmental psychologist and adoptive mother, and other experts in the field contradicts many of the outdated myths presented to parents and written about in widely-used adoption guides. Whitten separates fact from fiction and leads parents by the hand through the many emotional impacts the process involves. Written in a reassuring, conversational tone, the author tells parents when they should listen to their heart-and when practical considerations are too important to ignore. Each chapter features workbook section with constructive exercises and stimulating questions. Adoptive parents do not need yet another book promising a "fast track" to a child or explaining how to collect documents. Instead, they need Labor of the Heart to help them through the difficult emotions and decisions about adoption.

Professional Papers by the Corps of Royal Engineers ... Royal Engineers Institute - Great Britain. Corps of Royal Engineers 1882

On Shame - Michael Morgan 2011-04-06

Shame is one of a family of self-conscious emotions that includes embarrassment, guilt, disgrace, and humiliation. On Shame examines this emotion psychologically and philosophically, in order to show how it can be a galvanizing force for moral action against the violence and atrocity that characterize the world we live in. Michael L. Morgan argues that because shame is global in its sense of the self, the moral failures of all groups in which we are a member – including the entire human race – reflect on each person individually. Drawing on historical and current affairs to explore the emotion of shame, as well as films such as Night and Fog, Hotel Rwanda and Life is Beautiful and the work of Primo Levi, Bernard Williams, and Stanley Cavell, Michael Morgan illustrates how moral responsibility can be facilitated by calling upon an emotional reaction that is familiar, complex, and central to our conception of ourselves as individuals and as members of society.

Social Security Benefits for Adopted Children and Stepchildren - United States. Congress. House. Committee on Ways and Means. Subcommittee on Social Security 1989

We're All Not the Same, But We're Still Family - Theresa Fraser 2019-10-08

This story was written for adoptive families to explore the benefits of adoption openness. The main character, Deshaun, loves his family but always wondered about his biological family. Does he look like them? Did they love him? With the support of his adoptive parents, Deshaun gets to meet his biological family. They develop an ongoing relationship, so Deshaun feels more stable in his adoptive family, but also develops a comfortable relationship with his birth family. Deshaun and his family are reminded (as we all are) that family can include biological, adopted, foster and kin members. After reading this book, a child and their family will be able to: Discuss feelings about adoption Imagine what openness might mean for them Acknowledge similarities and differences among family members Discuss if an expanded sense of family is possible for their circumstances "There are many children's adoption books that

address the important themes of identity, attachment, grief and loss; however, very few approach the topic of openness for older children in the in-depth manner that Theresa and Eric do in their book. The emotions that Deshaun describes are typical of many adopted children and could help normalize universal feelings for young adoptees. I would highly recommend this book for all adopted children and will certainly be using it in my practice." -- Tecla Jenniskens, M.S.W., R.S.W., adoption social worker "Many foster and adoptive parents fear the consequences of introducing their children to birth parents. This story offers a redemptive look at how parents can remain history keepers for their children by helping them answer important questions about themselves and their origins. This book is a beautiful example of how fearless curiosity and compassion can lead to increased coherence in a child's story and an expanded sense of family for everyone." -- Paris Goodyear-Brown, LCSW, RPT-S, clinical director of Nurture House, executive director of the TraumaPlay Institute and author of A Safe Circle for Little U and Trauma and Play Therapy "We're All Not the Same, but We're Still Family is a lovely book that tackles issues adopted children really think about when they question their identity and place within a family. The authors describe the process of a boy's search for his biological family, with the full support of his adoptive parents, and the events that brought him into the child welfare system. The illustrator's rendition of the Skyped meetings between the two families is captivating, while the text gives careful attention to the unification process. I applaud the authors on their inclusion of realistic steps in this complicated process, as we witness a child's journey to find and complete his family." -- Laurie Zelinger, PhD, ABPP, RPT-S, board certified psychologist and author of Please Explain "Anxiety" to Me! Learn more at www.TheresaFraser.com From Loving Healing Press www.LHPress.com Famous Adopted People - Alice Stephens 2018-10 "Stephens' darkly comic, sharply irreverent, undeniably wise 'Great Adoption Novel' is an unexpectedly timely, not-to-be-missed, epic wild ride." --Booklist, *Starred Review* Lisa Pearl is an American teaching English in Japan and the situation there--thanks mostly to her

spontaneous, hard-partying ways--has become problematic. Now she's in Seoul, South Korea, with her childhood best-friend Mindy. The young women share a special bond: they are both Korean-born adoptees into white American families. Mindy is in Seoul to track down her birth mom, and wants Lisa to do the same. Trouble is, Lisa isn't convinced she needs to know about her past, much less meet her biological mother. She'd much rather spend time with Harrison, an almost supernaturally handsome local who works for the MotherFinder's agency. When Lisa wakes up inside a palatial mountain compound, the captive of a glamorous, surgically-enhanced blonde named Honey, she soon realizes she is going to learn about her past whether she likes it or not. What happens next only could in one place: North Korea.

23 Voices of Adopted Youth - Lori Rosove 2020

23: Voices of Adopted Youth is a powerful glimpse of adopted youth's thoughts on how adoption has impacted their lives. Through their own voices, twenty-three youths share heartfelt and profound stories about relationships with parents and birth parents and how, ultimately, these affect their sense of identity, self-image, relationships with siblings and friends, and expectations of self and others. They acknowledge the uniqueness of adoption and emphasize the importance of knowing who they were born to and their right to explore that option. Despite experiences of confusion, anger, frustration, and sadness, these youth were all grateful to have been adopted into their families. Each youth voice authentically displays raw wisdom, insight, and passion and provides the reader with an enhanced understanding of the adoptee experience, parenting an adopted child, and parenting in general.

Donut Goals - Coco Simon 2021-08-31

Includes an excerpt from Donut delivery.

Attaching in Adoption - Deborah D. Gray 2012

This classic text is a comprehensive guide for prospective and actual adoptive parents on how to understand and care for their adopted child and promote healthy attachment. It explains what attachment is and provides parenting techniques matched to children's emotional needs and stages to enhance children's happiness and emotional health.

Forever Fingerprints - Sherrie Eldridge 2014-10-21

Meet Lucie - she is a rambunctious, inquisitive, seven-year-old girl who was adopted! Lucie has lots of questions about everything. When Lucie's pregnant Aunt Grace and Uncle John come to visit, new curiosities bubble into Lucie's mind. What does the baby do in there? Does he eat? That night Lucie has an amazing dream, that her birth parents are a king and gueen who live in a castle. She knows she grew in her birth mother's tummy, but if her birth parents lived in a castle, why didn't they keep her? The next day, Dad helps her to make an amazing discovery - he tells her how to find a special connection with her birth parents, and how you can too! Forever Fingerprints is a heartwarming, fun story written for children aged 5-11 which uses an everyday experience to embark upon a gentle exploration of some of the difficult guestions and feelings commonly expressed by children who are adopted. Adoption expert Sherrie Eldridge also provides a valuable 'Parent Tools and Activities' section, with ideas for creative activities and suggestions on how to explore issues such as belonging, identity, self-esteem and connection.

Being Adopted - David M. Brodzinsky 1993-03-01

Like Passages, this groundbreaking book uses the poignant, powerful voices of adoptees and adoptive parents to explore the experience of adoption and its lifelong effects. A major work, filled with astute analysis and moving truths.

The Psychology of Adoption - David Brodzinsky 1990 Recent empirical work has shown that adopted children are more vulnerable to a host of psychological problems than their non-adopted peers. In this book, theoretical, empirical, clinical, and social policy issues offer new insights into these problems.

Adoption-Specific Therapy - Jill Waterman 2018-01-08

This manual presents a structured, evidence-based protocol for mental health treatment for families that adopt vulnerable children.

Emotional Disturbance in Adopted Adolescents - Ruth G. McRoy 1988 A report of research on two groups of residentially placed, emotionally disturbed adolescents compared on the basis of their adoptive status. A post hoc comparison with a nondisturbed adoptive group is also

included. . . . McRoy, Grotevant, and Zurcher examine factors related to adoption that may contribute to the development of emotional difficulties. The authors' suggestions are worthy of consideration by professionals in the field. . . . The theoretical reviews of potential sources of difficulty in adoption are well done and informative, and the presentation of the perspectives of both adoptees and adoptive parents is also laudable. Choice Many adopted children experience emotional disorders during adolescence that require residential treatment. This volume reports research findings comparing adopted and non-adopted adolescents in treatment. The authors first discuss the difficulties of the adolescent period itself, particularly as it relates to identity problems. Based on extensive interviews with adoptive and non-adoptive parents, adolescents, and their therapists, successive chapters analyze genetic risk and prenatal care, explore the impact of family and peer relationships, examine familiar and contextual factors that initiate and maintain emotional problems, and examine adoptive family dynamics and adoption issues in nonclinical families. The various theoretical perspectives research findings, and well-reasoned recommendations in this volume will interest social workers, clinical and developmental psychologists, and special education professionals.

Parliamentary Papers - Great Britain. Parliament. House of Commons 1909

The Adopted Child Comes of Age - Lois Raynor 2021-11-07
How do adoptions really turn out? How do adopted children feel about the family they were given and the opportunities they were offered? To what extent do they fulfil their new parents' expectations of them? And does it matter whether their adoption grew out of a fostering relationship or was considered right from the start as a permanent arrangement? Originally published in 1980, the major follow-up study on which this book is based sought to answer these questions. The research involved 160 sets of parents and over 100 of their adopted children, now young adults. This was, in fact, the largest group of adult adoptees anywhere in the world to be interviewed and studied in a systematic way. As they look

back over their life together, the parents and the young people explain what adopting or being adopted was like for them. This title offers glimpses of adoptive family life over a period of more than twenty years, compares the views of the young people with those of their adopters and measures the factors which influenced the various outcomes. Particular attention is paid to the basis on which the child was originally placed, in order to shed light on the controversial subject, at the time, of whether a preliminary fostering period represents a useful safeguard. The information gathered by Lois Raynor and her colleagues provided the feedback so long sought by social work teachers and by those practising social workers who had the responsibility for making long-term plans for children and for approving foster home or adoption applications at the time. Readers with personal experience of adoption will be interested in making their own comparisons, while prospective adopters will learn to avoid some pitfalls and to enjoy an adopted child as their own.

Can I tell you about Adoption? - Anne Braff Brodzinsky 2013-08-28 Meet Chelsea - a young girl who was adopted. Chelsea invites you to learn about adoption from her perspective and introduces us to two friends of hers who were also transracially adopted. Chelsea and her friends help children understand what it means to be adopted, the experiences and challenges that follow the adoption process, and how they can help. Accessible and informative, this illustrated book is an ideal introduction to adoption for children aged 7+ and is a great tool for encouraging discussions for families, teachers and professionals working with adopted children.

How Nivi Got Her Names - Laura Deal 2017-01-31

Nivi has always known that her names were special, but she does not know where they came from. So, one sunny afternoon, Nivi decides to ask her mom how she got her names. The stories of the people Nivi is named after lead her to an understanding of traditional Inuit naming practices and knowledge of what those practices mean to Inuit. How Nivi Got Her Names is an easy-to-understand introduction to traditional Inuit naming, with a story that touches on Inuit custom adoption.

Journey Of The Adopted Self - Betty Jean Lifton 2008-08-04

Betty Jean Lifton, whose Lost and Found has become a bible to adoptees and to those who would understand the adoption experience, explores further the inner world of the adopted person. She breaks new ground as she traces the adopted child's lifelong struggle to form an authentic sense of self. And she shows how both the symbolic and the literal search for roots becomes a crucial part of the journey toward wholeness.

All You Can Ever Know - Nicole Chung 2018-10-02

A NATIONAL BESTSELLER This beloved memoir "is an extraordinary, honest, nuanced and compassionate look at adoption, race in America and families in general" (Jasmine Guillory, Code Switch, NPR) What does it means to lose your roots—within your culture, within your family—and what happens when you find them? Nicole Chung was born severely premature, placed for adoption by her Korean parents, and raised by a white family in a sheltered Oregon town. From childhood, she heard the story of her adoption as a comforting, prepackaged myth. She believed that her biological parents had made the ultimate sacrifice in the hope of giving her a better life, that forever feeling slightly out of place was her fate as a transracial adoptee. But as Nicole grew up—facing prejudice her adoptive family couldn't see, finding her identity as an Asian American and as a writer, becoming ever more curious about where she came from—she wondered if the story she'd been told was the whole truth. With warmth, candor, and startling insight, Nicole Chung tells of her search for the people who gave her up, which coincided with the birth of her own child. All You Can Ever Know is a profound, moving chronicle of surprising connections and the repercussions of unearthing painful family secrets—vital reading for anyone who has ever struggled to figure out where they belong.

The Primal Wound - Nancy Newton Verrier 1993

The Primal Wound is a book which is revolutionizing the way we think about adoption. In its application of information about pre- and perinatal psychology, attachment, bonding, and loss, it clarifies the effects of separation from the birth mother on adopted children. In addition, it gives those children, whose pain has long been unacknowledged or misunderstood, validation for their feelings, as well as explanations for

their behavior. Since its original publication in 1993, The Primal Wound has become a classic in adoption literature and is considered the adoptees' bible. The insight which is brought to the experiences of abandonment and loss will contribute not only to the healing of adoptees, adoptive families, and birth parents, but will bring understanding and encouragement to anyone who has ever felt abandoned.

Being Adopted - Amy Wilkerson, LCSW 2021-12-07

Being Adopted is a book for younger adoptees of any background. It simply outlines universal adoption experiences that are relatable to adoptees as they process and reflect on their unique circumstances and emotions. This book offers an opportunity for adoptees to feel validated and normalize their thoughts and feelings. Not only does Being Adopted serve as a support for younger adoptees but it also comes with a guide for caregivers to adopted children. Being Adopted serves as a tool for the adoptive family. Share your experiences and pictures by tagging #beingadoptedbook.

Report - Commonwealth Shipping Committee 1909

Adopted - Suzanne Buckingham Slade 2013-01-17

The challenging teen years can be even more difficult for adopted teens, many of whom have unanswered questions that may result in fear, anger, and low self-esteem. Adopted: The Ultimate Teen Guide enables young adults to read about the personal experiences of other adopted teens, and gain powerful insights from those who have gone through some of their same frustrations, struggles, and concerns. This revised edition features discussion questions at the end of each chapter that help teens address various concerns, such as fitting in, deciding whether or not to search for their birth parents, meeting their birth parents, and what defines a family.

Youth Devotions - Josh McDowell 2003-08-04

Presents Scripture verses and readings for each day of the year, designed to help young people make good choices in their daily lives. <u>Twenty Things Adopted Kids Wish Their Adoptive Parents Knew</u> - Sherrie Eldridge 2009-10-07

"Birthdays may be difficult for me." "I want you to take the initiative in opening conversations about my birth family." "When I act out my fears in obnoxious ways, please hang in there with me." "I am afraid you will abandon me." The voices of adopted children are poignant, questioning. And they tell a familiar story of loss, fear, and hope. This extraordinary book, written by a woman who was adopted herself, gives voice to children's unspoken concerns, and shows adoptive parents how to free their kids from feelings of fear, abandonment, and shame. With warmth and candor, Sherrie Eldridge reveals the twenty complex emotional issues you must understand to nurture the child you love--that he must grieve his loss now if he is to receive love fully in the future--that she needs honest information about her birth family no matter how painful the details may be--and that although he may choose to search for his birth family, he will always rely on you to be his parents. Filled with powerful insights from children, parents, and experts in the field, plus practical strategies and case histories that will ring true for every adoptive family, Twenty Things Adopted Kids Wish Their Adoptive Parents Knew is an invaluable guide to the complex emotions that take up residence within the heart of the adopted child--and within the adoptive home.

Parenting Adopted Adolescents - Gregory Keck 2014-02-27 In his newest release, Dr. Gregory C. Keck offers new insights and parenting strategies relative to adolescents, especially adopted adolescents. Parents will find humor and relief as they realize their role in their child's journey in the adoption process.

What I Want My Adopted Child to Know - Sally Bacchetta 2010 What I Want My Adopted Child to Know: An Adoptive Parent's Perspective is a tender, revealing look at adoption from the parent perspective. Whether you are an adoptive parent, an adoptee, someone considering adoption, or simply curious about adoption dynamics, What I Want My Adopted Child to Know: An Adoptive Parent's Perspective will touch your heart and increase your sensitivity to the challenges and joys that are unique to adoptive parenting. Bacchetta wrote the book in response to a need common among adoptive families. Adoptive families

navigate emotional terrain that fully-biological families don't have to. This is a book adoptive parents can give to their child and say, I know adoption is painful, unsettling, joyous, and affirming. It's that way for me too. More than anything, adoption is the way we came together, and I'll always be grateful for that.' Bacchetta's words echo with the collective voice of over 100 adoptive parents interviewed for this book. With chapters like I Would Do it All Again , You Are Not Different Because You Were Adopted, and I Regret What I Can't Give You, What I Want My Adopted Child to Know is by turns affirming, challenging, thoughtful, wistful, and poignant.

Being Adopted - David M. Brodzinsky 1993-03-01

Like Passages, this groundbreaking book uses the poignant, powerful voices of adoptees and adoptive parents to explore the experience of adoption and its lifelong effects. A major work, filled with astute analysis and moving truths.

Magnetic Partners - Stephen Betchen 2010-05-18

Do you and your partner argue about the same things over and over again? Are you often confused about why your partner is so angry with you? Are things getting worse and worse even though you've tried everything you can think of to make them better? In this breakthrough quide to repairing romantic relationships, therapist and marriage researcher Dr. Stephen Betchen presents a powerful new explanation of what leads to this kind of escalating conflict in couples and how you can repair your relationship and find a whole new level of happiness. Based on his extensive experience as a couples' therapist, Dr. Betchen has discovered that the prevailing idea that opposites attract is wrong. Instead, one of the strongest forces that attracts people to one another is that they share a hidden, inner conflict in their lives—an unconscious struggle within themselves that each of them developed growing up—which he calls a "master conflict." The fact that a couple shares a master conflict acts as an almost magnetic force of attraction, but, over time, master conflicts often begin to push a pair apart—many of the very things you most appreciated about each other start to grate on you, producing increasing hostility. The good news is that by identifying the

master conflict that you share, you and your partner can take the steps to break the cycle of fighting and come to a new place of understanding and happiness in your relationship. Often, just the realization that you have this hidden conflict acts as a powerful cure, allowing you to appreciate each other once again and to be empathetic about the things that have been irritating you both. From his years of work with couples, Betchen has identified the nineteen most common master conflicts—such as getting your needs met vs. caretaking; giving vs. withholding; commitment vs. freedom; power vs. passivity—and for each he provides vivid stories of couples who have struggled with them, as well as simple tests that help you to: • Identify the core master conflict that is causing your relationship problems • Understand the origins of your conflict and how it drew you to your partner • Diagnose how the conflict is now pushing you apart • Come to new terms with the conflict to save your relationship As Dr. Betchen writes, knowledge of a master conflict is power, and Magnetic Partners is an empowering guide that will help you not only to identify and control your master conflict, but also to bring your relationship to a new level based on deeper understanding, ultimately leading to greater fulfillment and long-term resilience. **Partners**

You Don't Look Adopted - Anne Heffron 2018-01-22

Five years after her mother died (before finishing the book that would end up favorably reviewed by The New Yorker and The New York Times), three years after getting divorced (for the second time), a year after getting fired (for throwing a pen and crying) and seven months after her daughter left for college (as a D1 athlete), Anne finally had to do what sheOd been avoiding her whole life: tell her story. She packed up all her possessions, gave up her life in California, and headed the place of her birth, New York City, to embark on Write or Die and find out who she really was. What happened in the end was nothing she ever could have predicted."

Life and Work - Church of Scotland 1882

We Adopted: A Collection of Dog Rescue Tales - Daniel Boey 2019-07-15

Adoption is the new badge of honour; Adoption is the new Black. The book is an anthology of modern, real life fairy tales of doggie salvation. It features some of the most incredible comeback stories, tales of resilience, forgiveness, trust, love, human cruelty, greed and miracle rebounds, dogs on the brink of death and the owners who never gave up on them. Most of the dogs in this book have been through their own personal Hell. Every single one at the hands of a species called Humans. And they have all bounced back and remain as trusting and as compassionate and loving as ever. The stories are accompanied by stunning editorial fashion spreads. No one would ever guess that these beautiful canine models were once abused, neglected, crippled or abandoned. With art by Sam Lo and essays by Louis Ng, Member of Parliament and founder of ACRES, Dr Jaipal Singh, Executive Director of SPCA, Cheryl Chou, Miss Universe Singapore 2016 and Belinda Lee, actress and host.

Adopted - Brigitta Baker 2022-08-11

To not know your family story is a huge loss of your sense of self. It has the potential to undermine your well-being and your relationships across a lifetime. Adopted is the powerful and honest account of two of the thousands of children affected by closed adoption in New Zealand, from 1950 to the mid 1970s. Jo Willis and Brigitta Baker both sought and found their respective birth parents at different stages of their lives and have become advocates for other adopted New Zealanders. They share the complexity of that journey, the emotional challenges they faced, and the ongoing impacts of their adoptions, with candor and courage. Closed adoption also exacts a physical and emotional toll on birth parents, partners and children. Their stories are also told in this compelling book.